

Withlacoochee Technical College
Massage Therapy Program Syllabus
2019-2020

Instructor:

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Program Description: 750 Hours

The WTC Massage Therapy Program offers a sequence of courses that provides coherent and rigorous content aligned with challenging academic standards and relevant technical knowledge and skills needed to prepare for further education and careers in the Health Science career cluster; provides technical skill proficiency, and includes competency-based applied learning that contributes to the academic knowledge, higher-order reasoning and problem-solving skills, work attitudes, general employability skills, technical skills, and occupation-specific skills, and knowledge of all aspects of Health Science career cluster.

The program is designed to prepare students for employment as Florida licensed massage therapists, all other service workers. **SOC Code 31-9011 Massage Therapists, 31-9099 Healthcare Support Workers, All Other.**

The content includes but is not limited to the theory and practice of massage, theory and practice of hydrotherapy, hygiene, practice demonstration, human anatomy and physiology, legal aspects of massage practice, allied modalities, leadership and human relations skills, health and safety, CPR, and employability skills. Colonic irrigation is optional post initial licensure.

Textbooks

Refer to the Program Cost Information of the Massage Therapy [program page](#) for information about textbooks and other required items.

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Grading Scale

You must maintain a “C” or better average in OCP A & B in order to obtain program completion.

- 100-90 A
- 89-80 B
- 79-70 C
- 69-60 D
- Below 60 F

Florida Department of Education Occupational Completion Points (OCPs)

OCP	Course Number	Course Title	Teacher Certification	Length	SOC Code
A	MSS0204	Massage Therapy 1	MESSAGE TH 7 G	375 hours	31-9099
B	MSS0209	Massage Therapy 2		375 hours	31-9011

Course of Study Classroom Hours as stated in Florida Administrative Code 64B7-32.003

Anatomy and Physiology	150
Basic Massage Theory and History	100
Clinical Practicum	125
Allied Modalities	76
Business	15
Theory and Practice of Hydrotherapy	15

Florida Laws and Rules (Chapters 456 and 480, Florida Statutes and Chapter 64B7, Florida Administrative Code)	10
Professional Ethics	4
HIV/AIDS Education	3
Medical Errors	2

Progress

- The WTC Massage Therapy Program is a lock step program where students progress daily at the same pace.

Industry Certification: Federation of State Massage Therapy Boards (FSMTB)/ Massage & Bodywork Licensing Exam

- Passing the FSMTB Massage & Bodywork Licensing Exam (MBLEx) provides you with a nationally recognized industry certification
- Visit the Federation of State Massage Therapy Boards website for exam information: www.fsmtb.org

Licensure: Florida Board of Massage Therapy/Florida Department of Health

- Once you have passed the MBLEx you will be able to apply to be a Licensed Massage Therapist
- Visit the Florida Board of Massage for licensing information: www.floridasmassagetherapy.gov

Program Evaluation

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|----------------------------------|-----|
| • Classroom Assignment Grade | 15% |
| • Classroom Test Grade | 25% |
| • Daily Assignment Grade | 15% |
| • Employability/Attendance Grade | 30% |
| • Lab Grade | 15% |

Physical Requirements

- Perform physical activity for periods of 1-2 hours with minimal breaks
- Lift a minimum of 30 lbs. in order to move massage tables & equipment

Safety

- Explain the ways a massage establishment should be planned and maintained to promote health and safety including fire, disaster and evacuation procedures.
- Outline practices conducive to personal health, hygiene and appearance.
- Demonstrate knowledge of measures conducive to eliminating medical errors
- Demonstrate an understanding of diseases caused by blood borne pathogens including HIV/AIDS and their legal aspects (i.e. testing).

Attendance

- Refer to the WTC Student Handbook and the WTC Massage Therapy Student Handbook for information.

Discipline

- Refer to the WTC Student Handbook for information.

Dress Code

- Navy Blue Scrubs (tops & bottoms/solid color only)

Housekeeping Tasks

- Each student will be designated “Massage Establishment Inspections” and will be responsible for cleaning and organizing the Lab Rooms, Treatment Rooms, Hydrotherapy Equipment, Product/Supplies & Laundry/Linens which is part of the Lab Grade/Employability Grade

Recommended Websites/Resources

- [Information](#) about the profession, career outlook, etc.



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Unique to the Program

- A Level 2 background screen & fingerprinting are mandatory to obtain a massage therapy license in Florida.